

Attivecomeprima at a glance

Attivecomeprima was founded in 1973 following Ada Burrone's personal experience with cancer, with the goal of improving quality of life for cancer patients by supporting the person as a whole.

Over the years, with the help of a team of doctors, psychologists, ex-patients and psychophysical therapists and creative experts, it has used study and research to develop its own method of global support – human, physical and psychological – that meets the needs expressed by tens of thousands of patients and their relatives who have been seen and helped over this time.

This method today represents an extra tool in the oncology field and an added contribution to the outcome of disease treatments.

Systematic monitoring of the results obtained with the application of the method has demonstrated a reduction in depression and emotional fragility in patients, and an increase in assertiveness, autonomy and self-esteem.

Attivecomeprima has so far chosen to keep a single headquarters in Milan in order to focus on and optimise a tool that is complementary to oncological therapies while avoiding wasted energies.

At the same time, the Association has created an operative network throughout Italy with the oncology departments of hospitals and with specialists in numerous associated health care structures.

The added value and constant development of Attivecomeprima's work is also the result of a collaborative synergy that has always been present with specialists in the oncology world.

Mini-Masters, seminars and training days are all instruments that ensure the method can be transmitted and used by oncologists, psychologists, family doctors and other specialists in the field.

Since 1973 global support for people affected by cancer